

Come Follow Me- for primary “ Tell the children about a time you made a promise and kept it. Invite them to tell similar stories of their own. explain that when we take the sacrament, we make promises. Read D&C 20:77, emphasizing the promises we make to “Always remeber him” and “keep his commandments.”



Cut out the sacrament cups and have the children match up the promises made in D&C 20:77

