



Attach the boat to a large flat stick, attach the anchor to a string and to the boat. Cut on the dotted line on the ocean page. Put the boat in the water and move it around like it would move if it was in a storm. Explain that our lives can be like that that boat in the waves. Then have the children pull the anchor and put it in the water. Ask the children what happened to the boat, when the anchor is in the water. Did the waves calm down or change? No, they are still pushing the boat trying to get it to move. But because of the anchor it is "steadfast." Then share the scripture in Ether 12:4 and 32.

