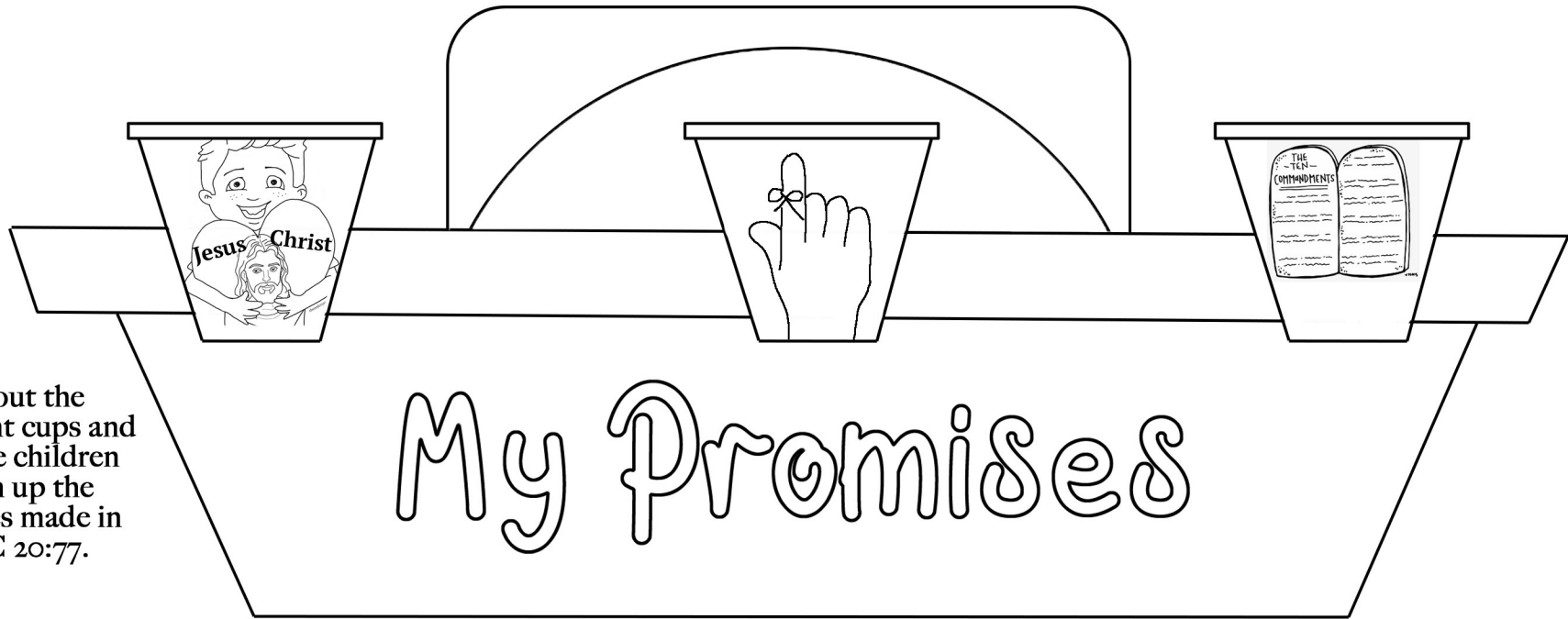


Come Follow Me- for Primary "Tell the children about a time you made a promise and kept it. Invite them to tell similar stories of their own. Explain that when we take the sacrament, we make promises. Read D&C 20:77, emphasizing the promises we make to "Always remember him" and "keep his commandments."



Cut out the sacrament cups and have the children match up the promises made in D&C 20:77.

