



Come Follow me- for  
Primary 'Ask the  
children to share  
ways in which  
someone has been  
kind to them. Then  
help them think of  
things they can do  
this week to be kind  
to others. For every  
answer they give,  
draw a loaf of bread  
or a fish on the  
board. Tell the  
children that when  
they do these  
things, they are  
following the  
example Jesus set  
when He fed the five  
thousand people  
who were hungry."