

Come follow Me- For Primary page 177

Heavenly father can comfort me when I am scared. It must have been frightening for the Jaredites to be “tossed upon the waves of the sea before the wind” (Ether 6:5). But the Lord kept them safe and helped them.

Cover the things up that the children drew or wrote with the hearts from the other page. As you add each heart talk about how Heavenly Father can comfort us.



I am scared of :

(write or draw)