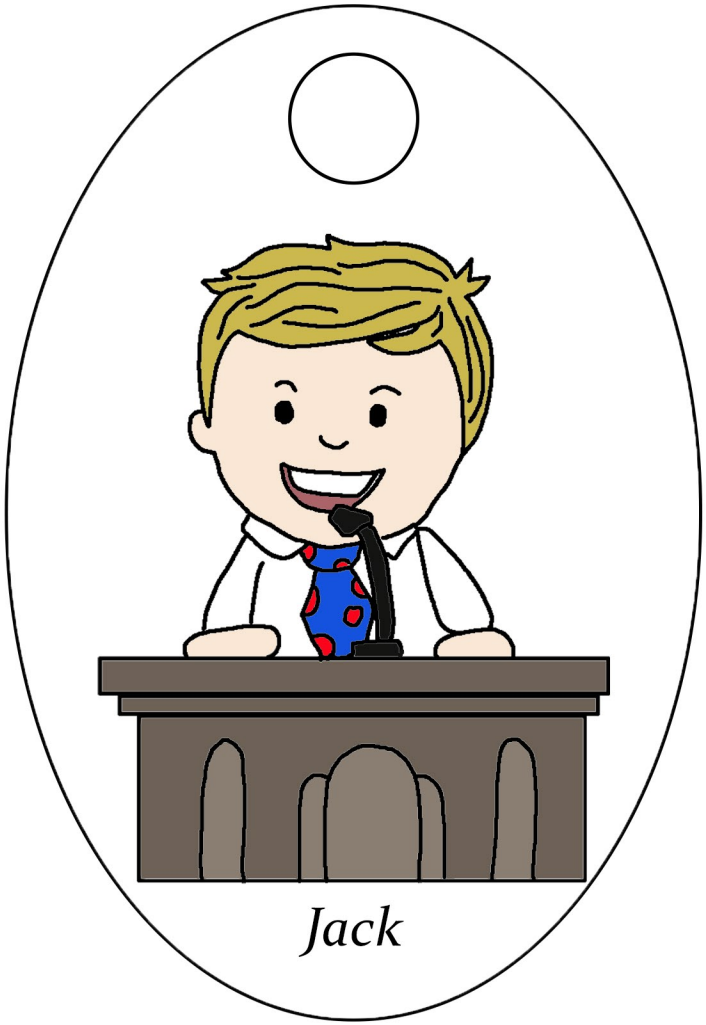

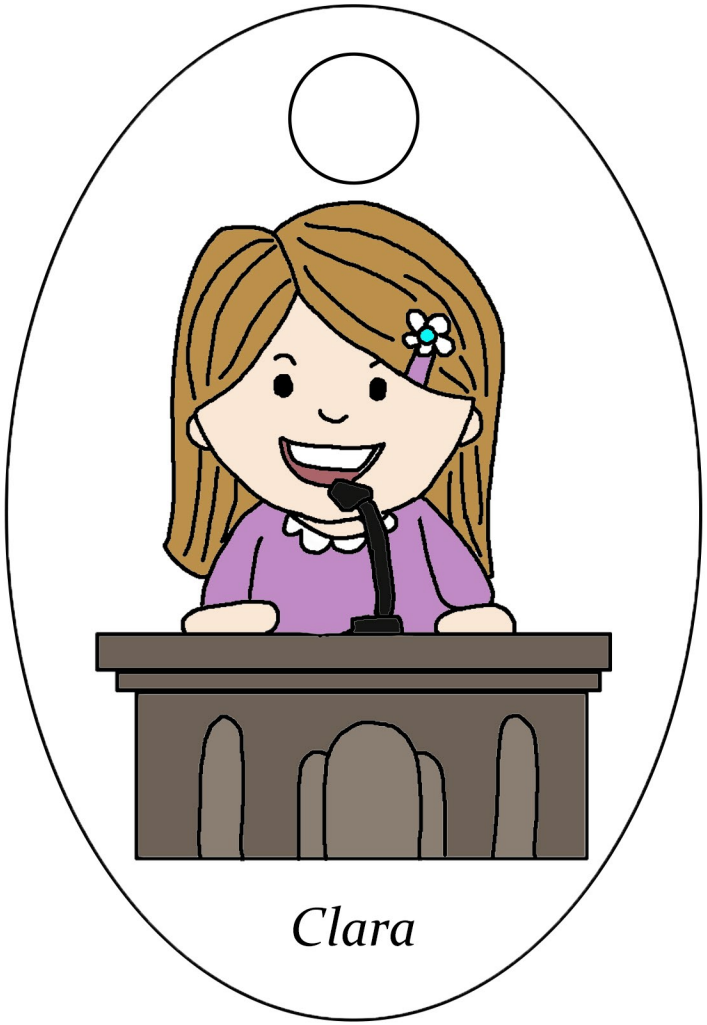

I Can Gain a Testimony Through the Holy Ghost.

Come Follow Me- For Primary Page 86 "Use an empty balloon to represent a testimony and blow air into it each time you share something that testimonies grow."

-Jack (or Clara) pulled some his/her neighbors weeds, he/she felt very good inside. The Holy Ghost is helping Jack/Clara gain a testimony of service. (Blow- up balloon.)

-Jack (or Clara) listen to the prophet speak during General confernece. He/she felt very good inside, the Holy ghost is helping Jack/Clara gain a testimony of prophets. (Blow-up balloon more.)

-Jack (or Clara) listen to his/her Mom tell him/her a Book of Mormon story. He/she feels so happy and at peace, the Holy Ghost is helping Jack/Clara gain a testimony about the Book of Mormon. (Blow-up Balloon more).

-Jack (or Clara) has a picture of Jesus in his/her home. When ever he/she says the words "Jesus loves me" he/she feels so good inside. The Holy Ghost is helping Jack/Clara gain a testimony of the Savior and his love for him/her. (Blow-up Balloon more)