

Alma felt before he remembered what his father taught about the Savior.

Alma 36:6-21

“I did remember all my sins and iniquities, for which I was tormented, with the pains of hell;

“...murdered many of his children, or rather led them away unto destruction..rack my soul with inexpressible horror.”

“Oh, thought I, that I could be banished and become extinct both soul and body, that I might not be brought to stand in the presence of my God.”

..for three days for three nights was I racked, even with the pains of a damned soul.”

Before

