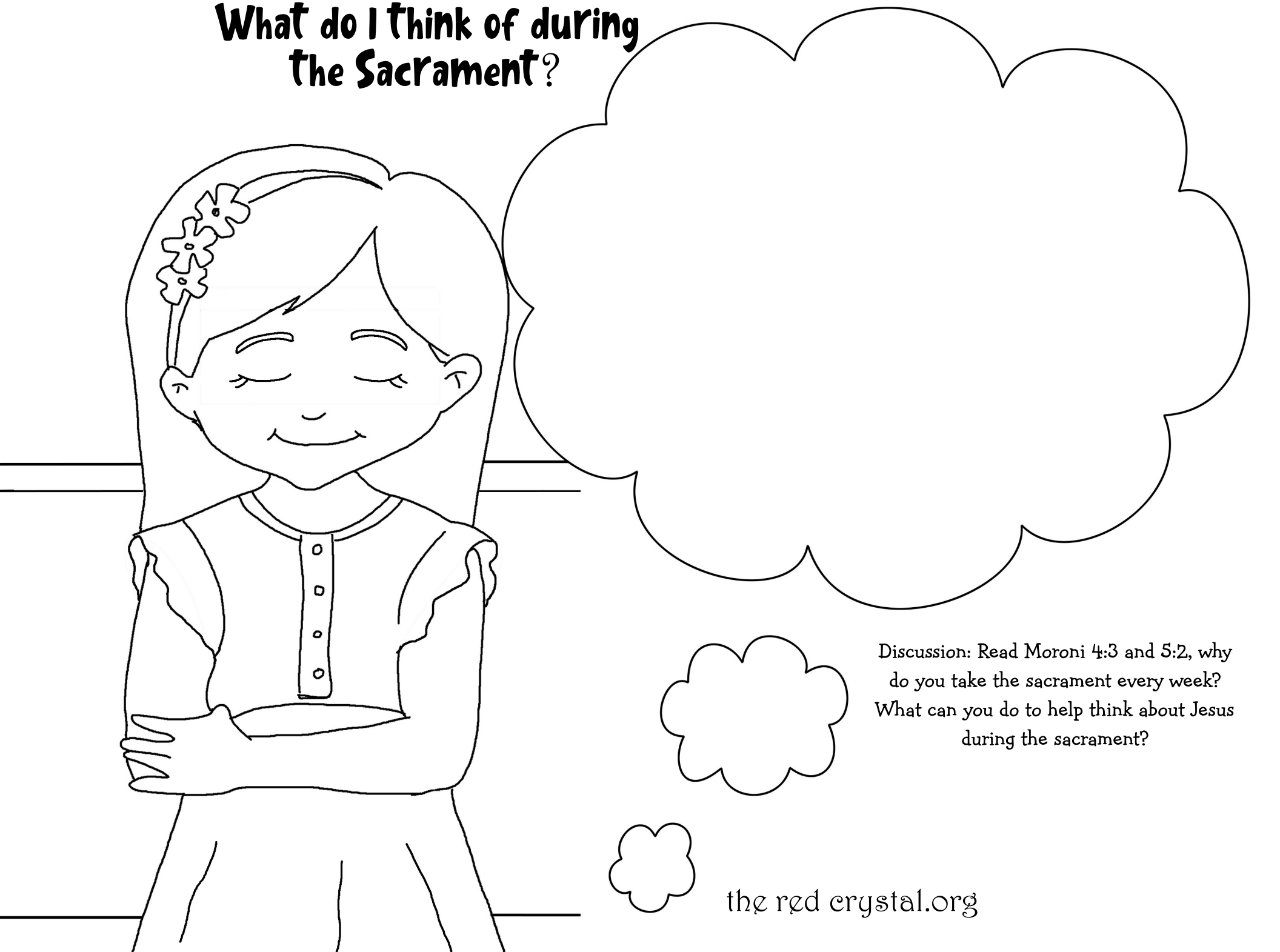
What do I think of during the Sacrament?



Discussion: Read Moroni 4:3 and 5:2, why do you take the sacrament every week? What can you do to help think about Jesus during the sacrament?