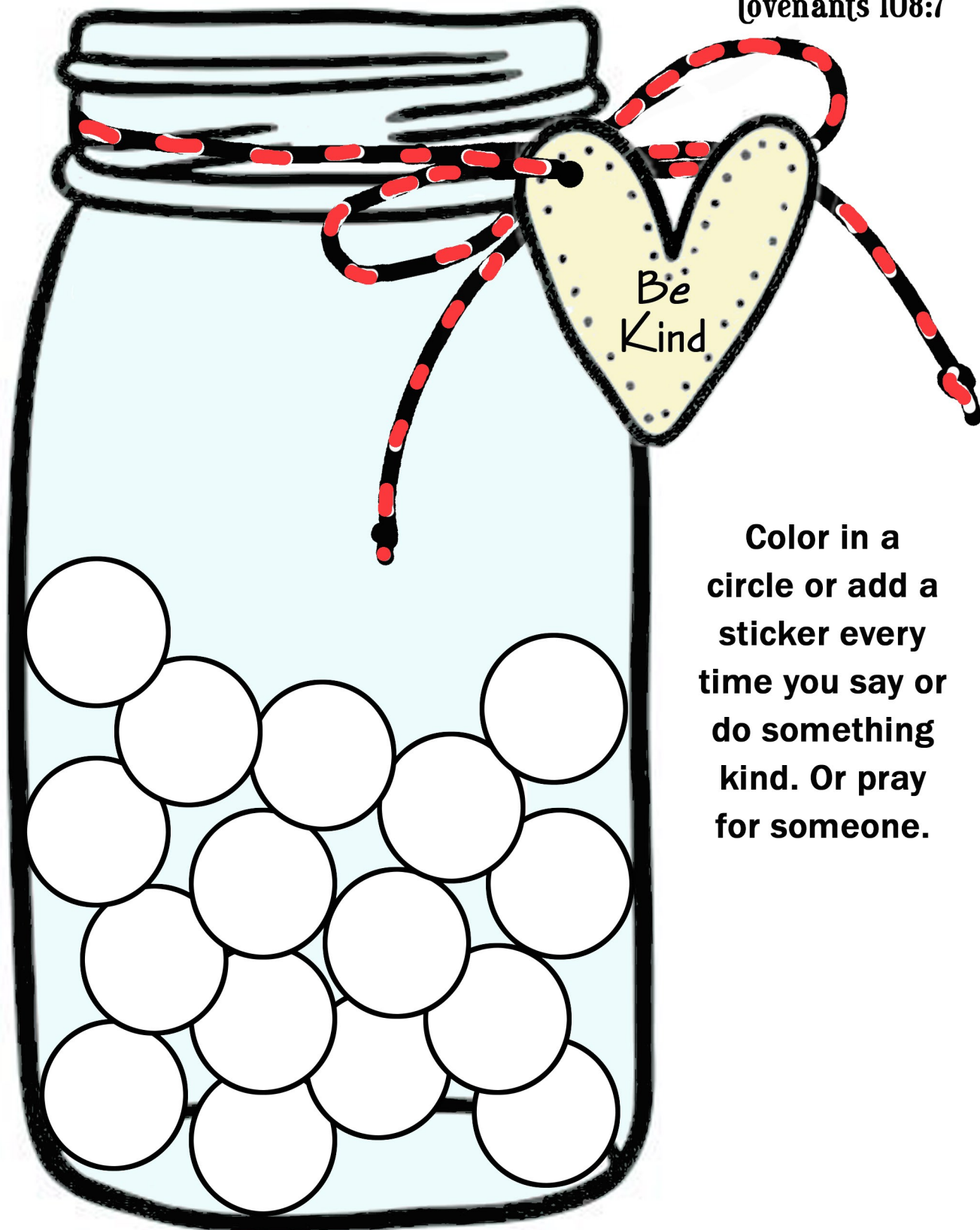


**“Therefore, strengthen your brethren in all your conversation, in all your prayers, in all your exhortations, and in all your doings.”** Doctrine and Covenants 108:7



**Color in a circle or add a sticker every time you say or do something kind. Or pray for someone.**

**Come Follow Me- For Primary “Help the children think of people they know who may need strengthening. What could we say to them or do for them? Work together to make cards for these people, or encourage the children to remember them in their personal and family prayers.”**