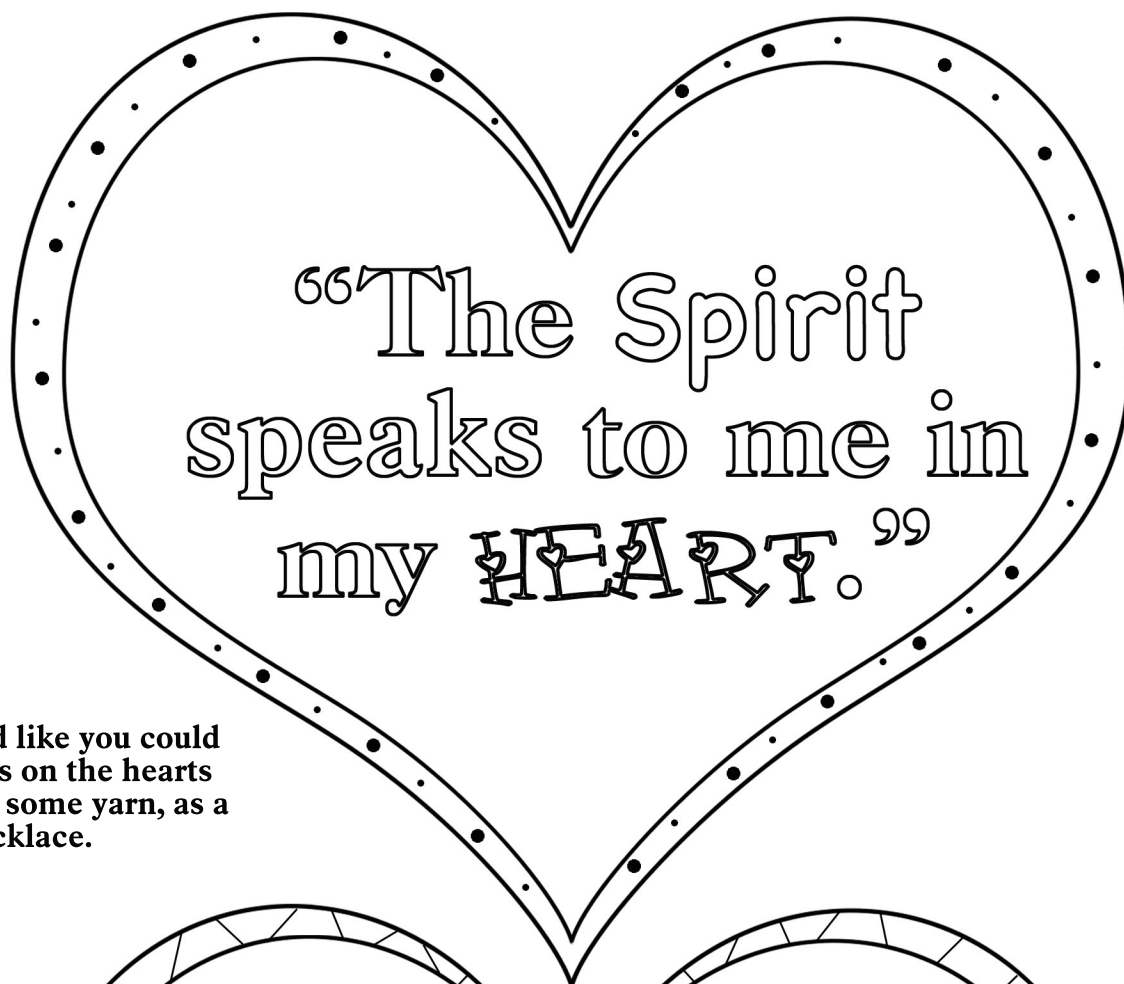


Come Follow Me- For Primary page 137 "Teach the children that while we speak to each other using words, the holy ghost can communicate through feelings in our hearts. Invite them to hold their hands over their hearts each time you read the word "heart" in Helaman 13:2-5, Help them decorate heart-shaped pieces of paper that say, "The Spirit speaks to me in my heart."



If you would like you could punch holes on the hearts and hang on some yarn, as a necklace.

